

Ending the HIV Epidemic in Los Angeles County

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Ending
the
HIV
Epidemic

EHE Progress in LA County

Diagnose

- HIV self test kits: over 19,000 distributed
- Routine testing at DMH: 31 clinics & psych street team
- Bundled HIV and syphilis testing with CBO street medicine teams
- HIV testing at 8 syringe service programs

Treat

- Rapid & Ready Program (navigation team + rapid treatment hubs)
- Emergency Financial Assistance Program
- EHE Priority Population Intervention Grants
- iCARE (contingency management for youth)
- Intensive case management for pregnant persons with HIV

Prevent

- PrEP public health detailing campaign: over 1,000 providers
- TA to FQHCs & community clinics for PrEP optimization
- TelePrEP services at partner organizations

EHE Progress, continued

Respond

- Data to Action surveillance team
- CA Cluster Detection and Response Community Advisory Board
- Social and Sexual Network Strategy Pilot Program (CHAP)
- Data to Care Contracts/Program

Outreach & Education

- Community events and EHE presentations
- Health education material/resource development
- Implicit Bias & Medical Mistrust Training
- Language Guide

Cross Cutting Strategies

- Mini-grants, \$50,000 for innovative projects
- Community engagement/mobilization program
- Spanish Language Mental Health Program (status neutral)
- Media campaigns (Ryan White promotion, PrEP, HIV and syphilis)
- HIV Workforce Development
- Street Medicine solicitation (pending)

iCARE Program

- **Purpose:** Support participants in achieving or maintaining viral suppression and prevent clients from falling out of care through contingency management.
- **Population:**
 - (1) Youth under 30 years,
 - (2) women of reproductive age
- **Process:** DPH coordinates program in-house for partner clinics.

ICARE Incentives for Care, Adherence, Retention & Engagement Program

Want to earn gift cards for staying in care and taking your medication?

Are you...

- ✓ Living with HIV
- ✓ Under 30 years old
- ✓ Living in LA County

Call to Enroll
(213) 552-5482
The first call will take about 45 minutes and you will receive \$75 for enrolling.

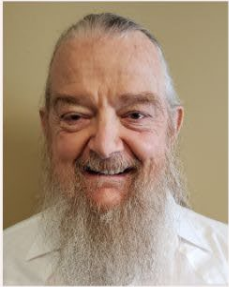
Monthly Check-Ins
This is a 12 month (1 year) program. Program staff will call you once a month for a quick 15 minute check-in.

Earn up to \$130/month
Receive gift cards for attending your appointments, taking your medication, and staying in care.

COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

LA County HIV
Ending the HIV Epidemic

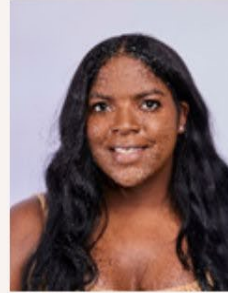
EHE Steering Committee Members (Year 3)



Alasdair Burton



Charles Robbins, MBA



Kaleef Starks



**Jerry P. Abraham, MD,
MPH, CMQ**



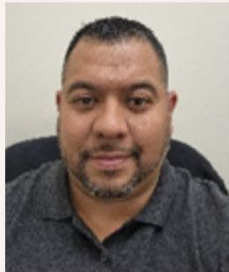
Dechelle Richardson



Zelenne L. Cárdenas



JavonTae Wilson



Oscar Arellano



Tyreik Gaffney-Smith



Raniyah Copeland, MPH

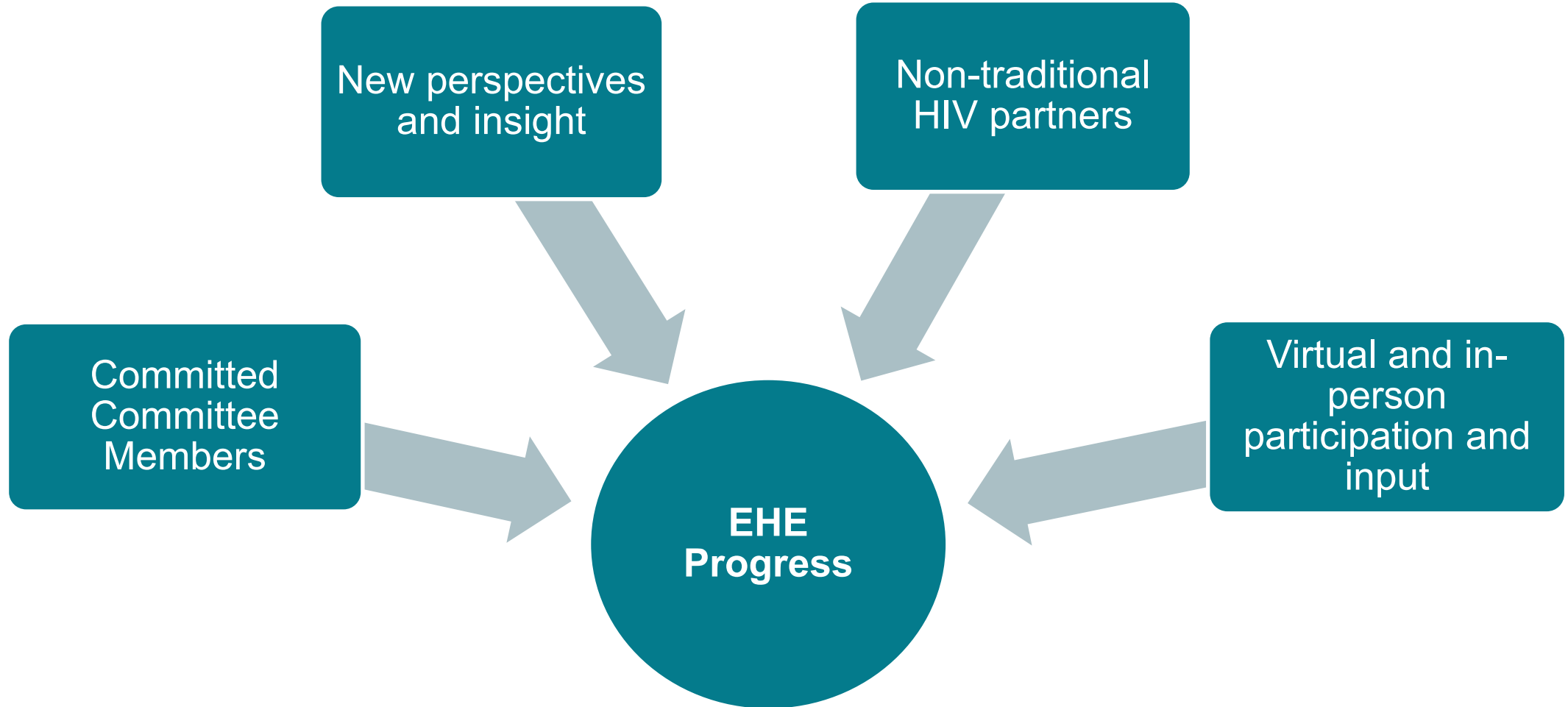


**Erin Jackson-Ward,
MPH**

Biographical Sketches available on EHE website:

www.LACounty.HIV

EHE Steering Committee Purpose



COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

U=U Action Kit

Resources for Providers and Patients

COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

PERINATAL HIV ACTION KIT

Provider Resources

Be Ready to Care for Pregnant Persons with HIV

It's their health too
SYPHILIS
and other STDs can harm your baby
GET FACTS. GET TESTED. GET CURED.
Free & confidential testing & information:
1-800-758-0880 • www.publichealth.lacounty.gov/dhsp

PrEP and PEP Action Kit

GetPrEP LA

GetPrEPLA.com

COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

PrEP Public Health Detailing Campaign

- Provider education visits (in-person, 1 on 1) conducted by detailing staff County-wide.
- 1,400 medical providers across 800 sites identified.
- Focus on women's health and primary care providers.
- PrEP and PEP Action Kit shared during visit.

KEY MESSAGES

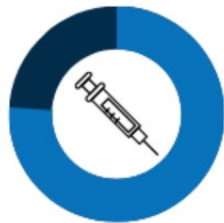
**ANY PRIMARY CARE PROVIDER
CAN PRESCRIBE PREP.**

Tell all your sexually active patients about PrEP and how it can protect them from getting HIV. Prescribe PrEP to anyone who asks for it, including sexually active adults and adolescents who do not report HIV risk factors.



99%

PrEP, when taken orally on a daily basis or injected bi-monthly, can reduce the risk of sexually acquired HIV by more than 99%.



76%

When taken daily, oral PrEP can reduce the risk of acquiring HIV in people who inject drugs by more than 76%.



76,000

Approximately 76,000 people in Los Angeles County would benefit from PrEP.

Take a sexual and substance use history of all patients.

Inform all sexually active adults and adolescents about PrEP. Prescribe PrEP to anyone who requests it. Strongly recommend PrEP to patients identified as having a risk for HIV.

Conduct an HIV test to confirm a patient does not have HIV before starting them on PrEP. Provide prescription the same day while awaiting test results.

Follow up with patients every 3 months for HIV/STI testing and a 90-day PrEP refill.


PrEP and PEP Action Kit

Provider resources

- [PrEP Detailing Aid](#)
- [PrEP/PEP FAQ](#)
- [PrEP Triage Protocol Card](#)
- [PEP Triage Protocol Card](#)
- [Taking a Sexual Health History Card](#)
- [PrEP Front Desk Info Card](#)
- [Oral PrEP Provider Postcard](#)
- [Oral PrEP Service Delivery Checklist Guidelines](#)
- [PrEP/PEP Billing Codes](#)
- [CA STI Screening Recommendations](#)
- [CA STI Treatment Recommendations](#)

Patient resources

- Know Your PrEP Brochure ([English](#)) ([Spanish](#))
- PrEP and PEP Brochure ([English](#)) ([Spanish](#))
- No PrEP Coverage? No Problem! ([English](#)) ([Spanish](#))
- PrEP Tearpad Stand ([English](#))
- PrEP Tearpad ([English](#)) ([Spanish](#))
- PrEP Posters

PrEP Coverage Options In Los Angeles County 

FREE or low-cost pre-exposure prophylaxis (PrEP) to prevent getting HIV is available to all residents of LA County!

The following information provides an overview of how to access PrEP.

Did you know?
Taken as prescribed, PrEP can reduce the chance of getting HIV by up to 99%.

If You Have Insurance

Medi-Cal

- PrEP and all related medical services are 100% covered as preventive services.
- Services should be billed directly to Medi-Cal, not the patient's managed care plan.
- **Who is eligible?**
 - Covers LA County residents whose income is at or below 138% Federal Poverty Level (FPL).
 - Undocumented individuals between the ages of 19-25 years qualify for full-scope Medi-Cal (SB 75).

Medicare


- PrEP is covered by Medicare with very low co-pays.
- Financial assistance through the California State PrEP Assistance Program (PrEP-AP) is available should individuals reach the coverage gap limit of \$4,430, commonly referred to as the "donut hole."
- **Who is eligible?**
 - Individuals 65 years old and older.
 - Individuals under 65, have a disability, and have received Social Security Disability Insurance (SSDI) for 24 months.

Private Insurance Purchased on The Health Exchange (Covered California)

- Covers the costs of medication and related medical services at no cost to the patient.
- Prior authorization may be required but must be expedited so patients can access it quickly.
- To get started with applying for Covered CA: www.coveredca.com
- Open enrollment is usually in the Fall.
- Enroll for Covered CA at any time if you meet one of the following qualifying life events: www.coveredca.com/support/before-you-buy/qualifying-life-events/
- **Who is eligible?**
 - People who are legal U.S. residents, permanent or temporary.
 - People who have amnesty visas (due to fleeing persecution).
 - People who have a worker or student VISA.
 - Income must be between the range of 138% - 400% FPL.
 - Consultation with a certified Covered CA Certified Insurance Agent is encouraged.

Private Insurance Through Work or Employment

- Most major insurance providers cover the costs of medication and related medical services at no cost to patients. Prior authorization is not needed.
- **Who is eligible?**
 - Individuals who are insured through their employer.



GetPrEP LA

Get PrEPared to end the HIV epidemic in Los Angeles County!



ObténPrEP LA

Profilaxis preexposición (PrEP) es un medicamento que ayuda reducir tu riesgo de contraer el VIH. ¡Es 99% efectivo!

Para aprender más sobre la PrEP, visita es.getprepla.com o llama 1-844-YEA-PrEP.



ESCANÉAME



KNOW YOUR PREP!

PrEP is a medication that helps reduce your risk of getting HIV.

GetPrEP LA.com

PREP AND PEP

in Los Angeles County

PREVENT GETTING HIV BEFORE EXPOSURE

PrEP = Pre-Exposure Prophylaxis

Prophylaxis + Prevention

PREP TO PREVENT HIV

- PrEP (Pre-Exposure Prophylaxis) is a medication (taken as a pill or injection) that helps you prevent HIV.
- PrEP reduces the risk of getting HIV by about 99% from sex and at least 74% from injection drug use.
- PrEP does not protect against other STIs or pregnancy – condoms are still recommended every time you have sex.

PREP MAY BE FOR YOU

- PrEP can help you prevent HIV if you have tested negative for HIV, and are:
 - Sexually active
 - Sharing injection drug equipment
 - Experiencing intimate partner violence
- PrEP has been shown to work for people of all genders and sexualities.
- PrEP is an additional prevention tool if your partner is living with HIV.

MOST INSURANCE PLANS COVER PREP

Including Medi-Cal!

MORE ABOUT PREP

- If you regularly worry about HIV, ask your healthcare provider if PrEP may be right for you.
- You'll have to take an HIV test before starting PrEP.
- While you are on PrEP, you will need to see a healthcare provider for regular check-ups and HIV/STI tests.

GOT QUESTIONS?

Web: GetPrEP LA.com

Call our automated info line: 1-844-YEA-PRÉP (1-844-932-7737)

PREVENIR EL VIH DESPUÉS DE EXPOSICIÓN

PEP = Profilaxis PosExposición

Prophylaxis + Prevención

PEP DE EMERGENCIA PARA PREVENIR EL VIH

PEP (profilaxis pos-exposición) es un medicamento de emergencia que se toma durante 28 días para prevenir el VIH después de una posible exposición reciente.

PEP debe iniciarse dentro de las 72 horas posteriores a una posible exposición al VIH. Mientras más pronto mejor.

PEP no protege contra otras ITS ni el embarazo, todavía se recomienda el uso de condones cada vez que tengas sexo.

¿QUIÉN DEBERÍA TOMAR PEP?

Toma PEP dentro de las 72 horas para las siguientes posibles exposiciones al VIH:

- Tu hijo sexo anal o vaginal sin condón con alguien que vive con el VIH o un estado serológico desconocido.
- Tu hijo sexo anal o vaginal sin condón se rompió con alguien que vive con el VIH o un estado serológico desconocido.
- Compartiste una aguja, jeringa u otro equipo de inyección de drogas con alguien que vive con el VIH o un estado serológico desconocido.
- Superviviste una agresión sexual.

SI CREES QUE ESTUVISTE EXPUERTO AL VIH EN LAS ÚLTIMAS 72 HORAS, VE DE IMMEDIATO A UNA CLÍNICA, ATENCIÓN DE URGENCIA O SALA DE EMERGENCIAS.

¡PEP FUNCIONA!

- PEP es muy eficaz para prevenir el VIH cuando se toma como recetado.
- PEP funciona mejor si se inicia dentro de las 72 horas de una posible exposición al VIH.
- PEP debe iniciarse lo antes posible – ¡Cada hora cuenta!
- PEP funciona mejor cuando te lo tomas por los 28 días completos. No debes de tomar la PEP sin consultar a tu proveedor de salud.

MÁS SOBRE PEP

- PEP protege a las personas que no viven con el VIH. Tendrás que hacerte una prueba de VIH antes de comenzar la PEP.
- PEP puede causar efectos secundarios leves (dolor estomago, náuseas, diarrea), especialmente al comienzo del tratamiento.
- Cuando termines la PEP, te harán otra prueba del VIH para asegurarte de que la PEP funcionó.
- Considera la PEP si tienes que tomar la PEP más de una vez.

UNDERSTAND THE BASICS

- PrEP (Pre-Exposure Prophylaxis) is a medication taken as a pill or an injection that reduces the risk of getting human immunodeficiency virus (HIV) before an exposure through sex or sharing injection/syringes.
- Taking PrEP as prescribed can reduce your risk of getting HIV by up to 99%.
- PrEP does not protect against other sexually transmitted infections (STIs) or pregnancy – condoms are still recommended every time you have sex.

KNOW THE FACTS

✓	✗
<ul style="list-style-type: none"> PrEP may not be for you. You can't get PrEP for free until you have your first HIV test. You can't use PrEP if you are pregnant or on birth control. A HIV test (Rapid HIV) is required along with PrEP to prevent pregnancy and other STIs. The CDC does not recommend PrEP if you are trying to get pregnant, are pregnant, or breastfeeding. 	<ul style="list-style-type: none"> PrEP is not a cure for HIV. PrEP is not 100% effective. PrEP does NOT work as soon as you start taking it. It can take 7-14 days to build up in your body and protect against other STIs. PrEP will NOT prevent pregnancy.

PREP MAY BE FOR YOU!

PrEP can help you prevent getting HIV if you have tested negative for HIV, and are:

- Sexually active
- Sharing injection drug equipment
- Experiencing intimate partner violence

PrEP has been shown to work for people of all genders and sexualities.

PrEP is an additional prevention tool if your partner is living with HIV.

PREP IS AVAILABLE FOR FREE OR LOW-COST

- Most insurance plans, including Medi-Cal, cover PrEP.
- If you have insurance, you can find a PrEP provider and information about how to pay for the medication at GetPrEP LA.com.
- If you don't have insurance or can't get insurance due to your immigration status, know that you can still get PrEP for free!

HOW TO GET PREP

Finding a place to get PrEP in Los Angeles County has never been easier! Whether or not you have insurance, a PrEP Center of Excellence can help you get started.

These centers offer multiple services, including:

- Medi-Cal
- Help to apply for insurance and/or other programs
- PrEP
- Help for remembering to take your medications
- Referrals to other services to keep you healthy

Check out the map on the back to find the nearest center to you. Call today to schedule an appointment and ask for the PrEP Navigator!

RESOURCES

WANT TO KNOW MORE?

Visit GetPrEP LA.com

Call the automated info line: 1-844-YEA-PRÉP (1-844-932-7737)

PREP CENTERS OF EXCELLENCE

Center Name	Address	Phone
1. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
2. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
3. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
4. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
5. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
6. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
7. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
8. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
9. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
10. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
11. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
12. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
13. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
14. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
15. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
16. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
17. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
18. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
19. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000
20. PrEP Center of Excellence	1000 Wilshire Blvd, Los Angeles, CA 90017	(323) 866-6000

KNOW YOUR PREP!

PrEP is a medication that helps reduce your risk of getting HIV.

GetPrEP LA.com

Resources

I TESTED POSITIVE

Open this panel to learn more about next steps!

Resources





The official sexual health information and resource hub for HIV and STD prevention, testing and care services in LA County.

GET PREP LA

Information on PrEP and PEP for the public and providers. Features information on HIV prevention and care services in LA County.

TAKEMEHOME

Free HIV self-test kits that are mailed discreetly to you.

Ending the HIV Epidemic (EHE) Initiative is an initiative launched locally in LA County that aims to reduce HIV by 75% by 2025, and by 90% by 2030.

To learn more about EHE, visit LAcounty.gov or email EHEInitiative@ph.lacounty.gov to sign-up to receive the EHE newsletters.

Revised: January 2023

County of Los Angeles Department of Public Health
Division of HIV and STD Programs
www.publichealth.lacounty.gov/hivstd
313.351.6000

I TESTED NEGATIVE

Open this panel to learn more about next steps!

DIAGNOSIS	PREVENTION	TREATMENT	NEXT STEPS
<p>What is HIV? HIV (Human Immunodeficiency Virus) is a sexually transmitted infection (STI) where the virus attacks the body's immune system. If left untreated, it can lead to AIDS (Acquired Immunodeficiency Syndrome).</p> <p>How is it spread? HIV can be spread via 5 body fluids: blood, semen or pre-cum, rectal fluids, vaginal fluids, and breast (chest) milk. You can get HIV by having sex (vaginal, anal, or oral) or sharing needles/syringes. Pregnant people can also spread HIV to their baby during pregnancy, birth, or breast/feeding.</p> <p>What are the symptoms? Sometimes symptoms may not develop, or they could be confused with another illness. If symptoms develop, they may appear 2 to 4 weeks after exposure and can be flu-like. Common symptoms: fever, swollen lymph nodes, sore throat, rash, chills, night sweats, fatigue, and body aches.</p> <p>Everyone between the ages of 13 and 64 should get tested for HIV at least once in their lifetime.</p> <p>Get Tested! Getting tested is the only way to know if you have HIV. Anyone 12 years and older can access HIV testing. HIV testing is recommended as part of routine healthcare. Visit GetProtectedLA.com to find free or low-cost, confidential testing sites available around Los Angeles (LA) County. Visit TakeMeHome.org to order an HIV self-test kit to be mailed to you.</p>	<p>Choose any or all that are right for you:</p> <p>Condoms and Dental Dams Use a condom or dental dam consistently and correctly every time you have sex.</p> <p>Consider Limiting Your Sex Partners Reducing your number of sex partners can decrease your risk for exposure to HIV/STIs.</p> <p>Don't share needles, syringes, or other injection equipment You can exchange used needles for new ones at a syringe service program (SSP). To find a SSP, visit HIV.LACounty.org. If you are unable to access new needles, clean your needles to greatly reduce your risk for HIV and hepatitis. To learn how to clean your syringes, visit HIV.LACounty.org/CleanUp.</p> <p>PrEP (Pre-Exposure Prophylaxis) PrEP is a medication that lowers the risk of getting HIV by about 99% from sex and at least 74% from injection drug use when taken as directed. Visit GetPEP.A.com to find a PrEP provider near you.</p> <p>PEP (Post-Exposure Prophylaxis) PEP is an emergency medication taken for 28 days to prevent HIV after a possible exposure. PEP must be started within 72 hours of possible exposure to HIV, the sooner you start PEP, the better. Immediately seek a primary care, urgent care, or emergency room provider and ask for PEP.</p> <p>If pregnant, seek early prenatal care to prevent health problems for you and your baby.</p>	<p>How is HIV treated? HIV is treated by taking antiretroviral therapy (ART). ART reduces the amount of HIV in your body and helps you stay healthy. There is no cure for HIV, but you can control it with HIV treatment.</p> <p>You can live a long and healthy life by taking your HIV medication.</p> <p>Linkage to Care Once you are diagnosed with HIV, it is important to get started on treatment so you can stay healthy. If you need assistance with finding an HIV provider or booking an HIV appointment, call the LA County Rapid Navigators.</p> <p>Call (833) 351-2298 to get connected to a Public Health Rapid Navigator to help you start your HIV treatment.</p> <p>U=U (Undetectable = Untransmittable) U=U is shorthand for Undetectable = Untransmittable and shares the message that people with HIV (PWH) who take medication to control the virus can't pass HIV to others during sex. Let's break it down:</p> <ul style="list-style-type: none"> • When HIV is "undetectable," also known as virally suppressed, the amount of HIV in the blood is so low that it cannot be measured by the lab test. • Many scientific studies have showed that when HIV is undetectable for at least six months, it is then "untransmittable" and won't pass from person to person during sex. • HIV treatment benefits the health of the person living with HIV and their partners too! 	<p>Should you tell people that you tested positive for HIV? Many people experience a sense of relief, closeness, and empowerment when they disclose their status to loved ones and partners. Your HIV status is personal so it's your decision how and when you tell others. Your HIV care team or the Department of Public Health can assist you with this if you need or want help.</p> <p>Notifying Partners of HIV Exposure If you feel comfortable, let your sex partners or needle-sharing partners know that they have been exposed to HIV and should get tested. You can let them know anonymously through TellYourPartner.org which allows you to send an anonymous text or email to the person. You can also call the Department of Public Health and we can work to notify them while protecting your confidentiality. See number below.</p> <p>Call (213) 639-4277 if you would like Public Health Staff to notify someone about an exposure to HIV/STI.</p> <p>Are you experiencing domestic violence (DV) or intimate partner violence (IPV)? Sometimes, an HIV or STI diagnosis can happen for someone who is experiencing DV or IPV, and may make partner notification an unsafe choice for them. If you need help right away, or are experiencing DV or IPV, please call the 24/7 confidential LA County DV Hotline at (800) 978-3600.</p>



Rapid and Ready Program Rapid HIV Navigation Services

What is the Rapid and Ready Program?
The Rapid and Ready Program (RRP) is designed to promote and support rapid linkage to HIV care for all persons who newly test positive for HIV or are ready to reengage in HIV care.

What are Rapid Navigation Services?
Rapid Navigation Services includes a team of navigators that link clients who test positive for HIV to a same-day or next-day medical appointment with providers who prescribe HIV medications on the first visit.

Who can receive services?
The services are for anyone who tests positive for HIV in Los Angeles County and is interested in seeing an HIV provider. HIV testing sites, community clinics, medical centers, and emergency departments can also use this service to link a client to HIV care.



What other services can I access through this Program?
Support services are available, including transportation, insurance navigation, benefits screening, assistance filling prescriptions, and accompanying clients to clinic visits. Navigators will also work to offer resources and referral pathways that best serve clients experiencing barriers in linkage to care.

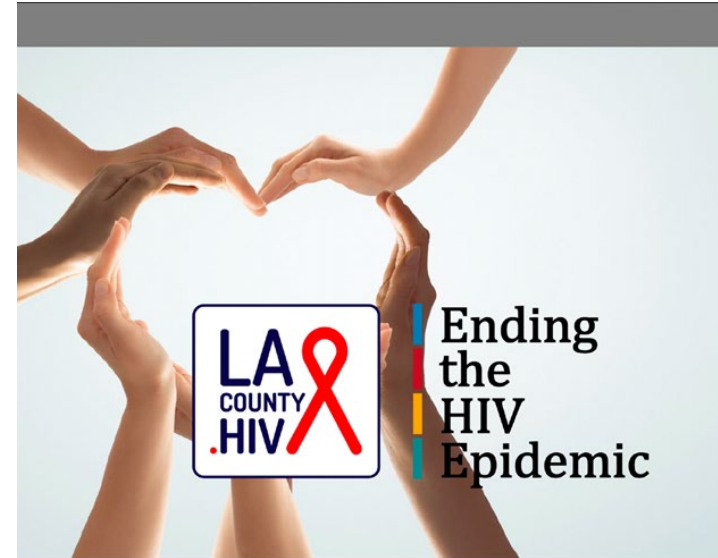
How can I access services?
Connect with a navigator through any of the contact methods below. Hours of operation are Monday through Friday from 8:00 AM to 5:00 PM.

(833) 351-2298
rapid@ph.lacounty.gov
publichealth.lacounty.gov/dhsp/RapidART.htm

County of Los Angeles Department of Public Health
Division of HIV and STD Programs

Revised: January 2023

-  **Linkage to HIV care provider**
-  **Assistance with transportation**
-  **Insurance & benefits screening**
-  **Assistance with filling prescriptions**
-  **Accompanying clients to clinic visit**



LOS ANGELES COUNTY RYAN WHITE HIV/AIDS PROGRAM: MEDICAL & SUPPORTIVE SERVICES FACT SHEETS

COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

Thank you!

General EHE inbox: EHEInitiative@ph.lacounty.gov

EHE website: www.LACounty.HIV

