# UCSD Mother Child Adolescent HIV Program

Ending the Syndemic Symposium June 21, 2023 Shannon Ransom, MSW

## **Our Mission**

 Through research, clinical care and education, to constantly improve the care and treatment of women, children and youth living with and affected by HIV and prevent new HIV transmissions

 Our mission is accomplished through a multidisciplinary team approach that provides high quality, comprehensive, culturally sensitive, accessible medical care, health promotion, HIV prevention and family centered social services in San Diego County





## **Our Goals**

 To coordinate the delivery of comprehensive family-focused HIV care for a large, geographically and culturally diverse region

 To improve the quality of life of children, youth and women by providing effective medical care, case management, health education, adherence support, mental health counseling, and clinical trial opportunities



# Our Ryan White Programs & Funding

- Ryan White HIV/AIDS Treatment Extension Act Part D, Health Resources and Services Administration (HRSA)
- Medical case management, transportation and HIV primary care is funded, in part, by the Health Resources and Services Administration (HRSA) through the County of San Diego, Health and Human Services Agency (Part A)
- AIDS United funding
- Research programs are funded through the National Institutes of Health, International, Maternal Pediatric Adolescent AIDS Clinical Trial Group (IMPAACT) Groups and Pediatric HIV AIDS Cohort Studies (PHACS)
- Fundraising (e.g., San Diego HIV Funding Collaborative, AIDS Walk)
- Generous donations from our community

# Populations Served





Youth (13-24 years)



**Obstetric** 



Women





Labor & Delivery



Sorrento Valley, Obstetrics Program

## Our Services: Comprehensive Integrated Care

- HIV primary care + coordinated referrals to specialty care at UCSD
- Nutrition
- Health education + treatment adherence counseling
- •HIV and STI testing, counseling and treatment (including partner testing & disclosure support)
- Behavioral Health (psychiatry, mental health therapy, substance use services, groups)
- Medical & non-medical case management
- Opportunities to participate in research
- Family planning, pre-conception counseling, pap smears
- Prenatal care + delivery; HIV prevention for exposed infants
- Neurodevelopmental evaluations
- Educational advocacy
- Community engagement (Youth Leadership Council, CARE Partnership)
- •PrEP

### **Pediatrics**

- Only provider of pediatric HIV care in the region
- HIV medical care (pediatrician, Family Nurse Practitioner, pediatric infectious disease specialist)
- Multidisciplinary family adherence support
- Dedicated bilingual MSW case management
- Bilingual therapist
- Nutritionist
- Neurodevelopmental assessments
- Educational advocacy
- Research opportunities



## **Obstetrics (Prenatal Care)**

- Only provider of HIV prenatal care in the region integrated multidisciplinary team includes physician, Family Nurse Practitioner, bilingual LCSW & doula
- Preconception counseling and ARV consultation
- Behavioral health (bilingual therapy, psychiatry referral, substance use assessment, support and referral)
- Integrated bilingual prenatal, birth and postpartum doula support
- Support group
- UCSD Health Milk Bank partnership
- Pregnancy options support
- Preventative care for infants
- Research opportunities



#### Fem Owen

- Bilingual HIV primary care (physicians & nurse practitioner)
- Coordination of specialty care
- Gender responsive & trauma informed
- Team of bilingual case managers integrated into clinic
- Bilingual behavioral health: substance use assessment, support & referral, therapy, medication assisted treatment (MAT), psychiatry referral & coordination
- Bilingual women's groups
- Sexual health care & support
- Research opportunities



# Youth Program

- HIV primary care (physicians and nurse practitioner)
- Specialty care coordination
- Gender responsive & trauma informed, including gender care services
- Medication assisted treatment (MAT) for substance use
- Team of bilingual case managers
- Integrated substance use services
- Integrated psychiatry
- Bilingual Therapy, support groups, events
- Nutritionist
- Sexual health care & support
- Research opportunities

