





### Community Health Leadership Initiative (CHLI) Workforce Development Training and Mentorship Program

shanti

# Learning Objectives

By the end of this session, participants will be able to:

- Describe the program model, the main components, and benefits for participants
- Identify how mentorship can increase growth, equity, and sustainability in the workforce
- Understand how cross-agency collaboration supports workforce development programs, their participants, and the communities they serve



# Agenda

	History of CHLI
	Program Components
<b>**</b> *	Who joins our program
<u>.</u>	Who mentors in our program
$\checkmark$	Cross-agency collaboration
$\checkmark$	Program outcomes
455	Lessons learned

### Where We Started: History of CHLI

#### 2017



2021

Services

"need for a shift in the systemic and organizational practices ... and the recruitment, hiring, retention, and advancement of people, especially those from affected communities, as well as building skills and job training. CHLI was developed from this lens."





### CHLI Training & Mentorship Program



Our Mission & Goals



Aims to build a workforce that reflects the populations served and who are valued and supported



Folks with lived experience and from priority populations



**M** 

Harness and use the wisdom of experienced workers in the field



Creating a community of support for participants to feel validated throughout their entry into and exploration of the field

Individuals who want to work in the field and may have **limited to no experience** in the field



### BY THE NUMBERS



training and all-cohort sessions conducted

# The goal of the CHLI program is to support participants to:

Feel	<ul> <li>feel excited about working in the HIV/HCV/STI and drug-user health field</li> </ul>
Feel	<ul> <li>feel supported throughout the process</li> </ul>
Have	Have the opportunity to network and meet people in the field
Explore	• Explore the field guided by a mentor with experience
Have	<ul> <li>have increased knowledge about the field and potential roles</li> </ul>
Feel	feel they have more career opportunity



### Main Components

- Weekly training
- Mentoring
- Community-building
- Networking
- Linkage to volunteer, internships, and employment opportunities

## Who is part of the program?

- Lived experience
- **Priority populations**
- Desire to enter the field
- No experience
- Volunteer experience
- Students

Participants

CHLI Director

- Newly into field
- direct client work desired

- Lived experience
- Executive Director, Drug-user Health Nurse Practitioner
- Program Director/ Strategic Director
- **Program Manager**

**Mentors** 

Mentorshi

- Care Navigator/ Case Manager
- **Clinical Research Coordinator**
- Medical Social Worker
- **Community Advocate**

- **Oversees** participants
- Pre-program discussion
- Regular 1:1 check-ins
- In-person visits
- Facilitates participant networking
- After program support
- Alumni events and networking

- **Oversees** mentors
  - Mentor orientations
- Manager Recruitment
  - Mentor/mentee matching
  - Engagement
  - Mentor networking
  - Regular 1:1 check-ins

### Mentor Demographics & Experiences

Experience in the field:

2 - 15+ years

#### Lived Experience:

- Substance use
- Incarceration
- Experienced homelessness
- HIV+

Languages:

- Spanish
- English

Gender Identities:

- Male
- Female
- Nonbinary
- Gender non-conforming

Race/Ethnicity:

- Indigenous
- Black
- White
- Latine
- Multiracial

Professional Experience:

- LGBTQIA advocacy
- Behavioral/Mental Health Services
- Community engagement
- Counseling
- Leadership
- Harm Reduction
- Sexual/Reproductive health

Age range:

35 - 64 years old

## Participant Demographics

#### Cohort 4 2023 Shared via the participant sign-up form



#### Race/ ethnicity



### Participant Demographics & Experiences



8

#### Lived experience



# How do we recruit and match?

#### Recruitment

- Word of mouth
- Agency partnerships
- Active outreach
- Listservs
- Networks

#### Matching

- Lived experience shared history
- Career interests
- Language preferences
- The ability of mentors to provide access to areas of interest



# Support offered via mentorship



**Goal-setting** 



Peer-support



Networking & Shadowing



Resume & Interview Prep



Sustainability Coaching (ex., burnout prevention, boundaries)



**Career Exploration** 

#### Implementation Components: Guidance, Training, Support, Networking, Creating Opportunities



Connecting with job opportunities



# Community

#### **Participants**

- Weekly training
- Monthly virtual or in-person meetups
- Text group
- Graduates networking

#### Mentors

- Monthly virtual mentor coffees Mentor trainers
- Creating access to other mentors for participants
- Quarterly Workforce Appreciation & Networking events

#### All-cohort x 4

- Opportunity for mentors and participants to share lived experience
- Advice from mentors
- Weekly snapshot: sharing resources and opportunities within community



# Collaboration







SAN FRANCISCO COMMUNITY HEALTH CENTER





NATIONAL

COALITION

HARM REDUCTION



#### Participant referrals

	Site visits	Understanding roles Career journeys Culture of agencies
		Mentors (14)
	Community effort	Trainers (10)
		Site visit (14)
		Internship programs
erge -	WFD pipelines	Career assessment/ support
		Training programs
		WFD Collective
111	New relationships	Training
		Entry-level job roles

Thank you for giving your biggest asset: your time.

#### Happy National Thank a **Mentor Day!**





**POPULATION HEALTH DIVISION** SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

**DISEASE PREVENTION & CONTROL** 

SAN FRANCISCO City Clinic A landmark in prevention



NATIONAL HARM REDUCTION COALITION



SPR'INGBOARD HEALTHLAB IDEAS TO











**HIV Education and Prevention Project of Alameda County** 

UCSF

San Francisco

University of California







People · Care · Prevention

Do you feel the program met the objectives for you?







### Feedback – participants



"What I enjoyed most is that my mentor could relate to me in different aspects: as a latino and an immigrant. He helped me to see things in a different way and that I wasn't alone in this process"



"I really loved this program; I learned so much valuable information, and it taught me how to network. I've been able to heal from trauma and be more open to share my lived experience"





"The base provided by the CHLI Program in the areas of STIs, Harm Reduction, and other related skills helped me a lot in directing my next steps. From there, I went beyond. I'm so grateful"



"I was able to be educated on these topics before I went into the field and have so much support"



"My mentor met me where I was"



"I learned a lot and got opportunities that I don't know if I would have come by if it wasn't for the program"



"My mentor showed me how to navigate this field using life experiences"

### Feedback – mentors



"Mentorship was a reminder of how important it is to share lived experience with others."



"Showing up fully, as the older, professional, community advocate that I am, felt so affirming to me as an immigrant."



"I had a fantastic experience; I'm really glad I did it...it was great hearing how everyone in the cohort had benefited."



"Mentorship has been so valuable to my career...it made me think how much I benefited from a mentor in my early career...it was great to be able to be a small slice of that for someone."



"The opportunity to help mentor the next generation is a true honor and essential in continuing to fight for health justice."



"It was great to see people excited for a career in public health...it makes me feel gratitude toward the work I do...it has been great for burnout prevention."



I so appreciate the CHLI program for allowing these opportunities for both of us to collaborate and provide higher quality services to our community from dedicated and enthusiastic community members interested in making a change"

### Postprogram

Where are they now?

SFAF Clinical Assistant Internship (HTC)	STI/HIV/HCV Test Counsellor Training	PT/ FT with Community Partner
CHLI/ Shanti internship	CHLI Community	Exploring options
Working through housing/recovery challenges	PRC WFD services	CHLI graduates return for support

### Successes & Challenges

- Participant success in securing internships/job roles/ certifications in the field
- Ongoing mentor/participant relationships
   post-program
- Burnout prevention for mentors
- New relationships with agencies
- Positive feedback for participant training & education
- Meaningful community / peer support / networking connections built & sustained
- Participants reported higher motivation for community engagement/volunteering

- Mentor recruitment
- Participant engagement due to personal challenges
- Participant engagement due to time/work limitations
- Mentor/participant communication
   issues





### Future Development

- New training and site visit options
- Expand program team
- Trauma-informed mentorship
- New advisor committee (Mentor Alumni)
- Expand recruitment and cohort capacity
- Expand networking opportunities
- Partnership with agencies internships and interviews

### New opportunities



#### **Career Support Services**

- Internship opportunities for CHLI Alumni
- 2 4 interns per year
- Will include formal application process and interview
- Contribute to supporting recruitment and facilitation of the Training and Mentorship Program



#### Entrepreneurship Opportunities

- Provide microgrants to CHLI Alumni for Community Health pilot projects
- 4 grants per year
- Application process
- Support with monitoring and evaluation of projects

### Mentor & Participant Q&A panel

Sky Contreras (they/them)

CHLI Participant Cohort 3

Test Counselor Glide HIV/Hep C Prevention and Harm Reduction Services Ry Dalporto (they/them)

CHLI Mentor Cohort 3 & 4

NASTAD







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### Reflection & Envisioning Exercise

