



The Opioid Crisis & Related Public Health Issues in the Rural Northern Counties: A Summit to Discuss Solutions

Summit objectives:

- 1) To encourage the sharing of best practices among providers in the region;
- 2) To facilitate networking among providers working related to the opioid crisis in the region; and
- 3) To summarize local provider recommendations for responding to the opioid crisis and related public health issues in the rural northern counties

Day One Agenda (Facilitator: Shelley Facente, Facente Consulting)

- 8:30-9:00 Check-in & breakfast
- 9:00-9:10 Welcome; review of landscape, highlighting “added value” of this Summit
- 9:10-10:10 Review of the data
- Overview of opioid use in the region (*Christine Fenlon, CDPH*)
 - Overview of hepatitis C in the region, including treatment updates (*Rachel McLean, CDPH*)
 - Overview of STDs, including HIV, in the region (*Heidi Bauer, CDPH*)
 - Overview of other health concerns (e.g., soft tissue infections, endocarditis) (*Danny Toub, Bay Area/North and Central Coast AIDS Education & Training Center*)
- 10:10-10:40 What happened in Scott County, Indiana and implications for rural northern California (*Alessandra Ross, CDPH*)
- 10:40-10:45 Overview of upcoming county assessment (*Taeko Frost, Harm Reduction Coalition*)
- 10:45-11:00 Break
- 11:00-11:45 Breakout sessions
1. Current responses and challenges to hepatitis C prevention, testing and linkage to care in the region (*Facilitators: Claire Feldman, Petaluma Health Center; Cassandra Miracle, Butte County Public Health Department; Gina Valente-Moore, Mathiesen Memorial Health Clinic*) (*EMPIRE, front area*)

2. Current responses and challenges to STD (including HIV) prevention, testing, and linkage to care in the region (*Facilitators: Carolyn Chu, UCSF; Ashley Dockter, CDPH*) (*EMPIRE, back area*)
3. Models for providing services in frontier or very low-resource counties (*Facilitator: Andrew Woodruff, Plumas County Public Health Agency*) (*OAK*)
4. Working with people who use drugs (outreach, peer models, etc.) (*Facilitators: Meghan Murphy & Lorie Violette, Face to Face; Brandie Wilson, Humboldt Area Center for Harm Reduction*) (*ALEXANDER*)

11:45-12:30 Report-back from small groups and discussion about current responses

12:30-1:15 Lunch

1:15-2:15 State resources for the region

- California Hepatitis Alliance & California Syringe Exchange Program Network (*Emalie Huriaux, Project Inform/California Hepatitis Alliance*)
- California Hub & Spoke System (*Michael Freeman, DHCS*)
- Clinical Consultation Center (*Carolyn Chu, UCSF*)
- Project ECHO (*Norah Terrault, UCSF*)
- Syringe Program Technical Assistance & Supply Clearinghouse (*Matt Curtis, CDPH*)

2:15-2:45 Available/wanted: Improving effectiveness through collaborations
Up to 3 minutes per person to stand up in the large group and describe a service you have available, or ask for a service you desire.

2:45-3:15 Break / Networking – find those people you want to talk with some more!

3:15-4:00 Breakout sessions redux

1. Current responses and challenges to hep C prevention, testing and linkage to care in the region (*EMPIRE, front area*)
2. Current responses and challenges to STD/HIV prevention, testing, and linkage to care in the region (*EMPIRE, back area*)
3. Models for providing services in frontier or very low-resource counties (*OAK*)
4. Working with people who use drugs (*ALEXANDER*)

4:00-4:45 Report-back from small groups and discussion about what is needed to proceed

4:45-5:00 Wrap up, follow up plan, and closure



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Day Two Agenda *(Facilitator: Eliza Wheeler, Harm Reduction Coalition)*

- 8:30-9:00 Networking, breakfast, self-reflection exercise
- 9:00-9:15 Welcome and brief introductions
- 9:15-10:00 Setting the Context: the Opioid Epidemic and History of Overdose Education and Naloxone Distribution (OEND)
- Objective: to understand the current scope and magnitude of opioid use and overdose in CA and the US, and to contextualize OEND within a broader strategy to reduce the harms associated with opioid use.*
- 10:00-10:30 Focus on Fentanyl
- Objective: to examine the current data we have on fentanyl in California, along with an exploration of innovative strategies to empower people who use drugs (PWUD) reduce their risk amidst a changing drug supply.*
- 10:30-10:45 Break
- 10:45-11:45 Overdose Basics: Risks, Recognition and Response
- Objective: to review a standard OEND training including; understanding opioid overdose, overdose risk, how to recognize an overdose and how to respond using naloxone.*
- 11:45-12:00 Group exercise/reflection

- 12:00-1:00 Lunch
- 1:00-2:30 Implementing OEND/Naloxone Distribution Systems
Objective: to review best practices in OEND including; engaging PWUD, standing orders, legal issues, data collection, types of naloxone, pathways to receiving naloxone.
- 2:30-3:15 Breakout discussions on OEND:
Objective: to drill deeper into issues that programs are facing, or explore topics of interest in more depth.
- Breakout #1: Implementing at Federally Qualified Health Centers (FQHCs)
 - Breakout #2: Standing orders, working with prescribers
 - Breakout #3: Data collection tools and guidance
 - Breakout #4: Implementing in substance use disorder treatment and correctional settings
 - Breakout #5: Sharing innovative strategies to reach PWUD in rural settings
 - Breakout #6: Prescription naloxone and Pharmacy Access
 - Breakout #7: OPEN space
- 3:15-3:30 Break
- 3:30-4:30 Breakout report back and resource sharing
Objective: to identify those in the room that may be able to assist with resources to overcome barriers identified in the breakout groups, and to share next steps with the larger group.
- 4:30-4:45 Technical Assistance & Capacity Building Resources in California
- 4:45-5:00 Wrap-up and closing exercise